

Nutrition Facts

Serving size 1/2 cup (110g)
Amount per serving

Calories 170

Galorics	170
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 330mg	110%
Sodium 520mg	23%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added St	ugars 0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 121mg	10%
Iron 1mg	6%
Potassium 214mg	4%

^{*}The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Fully Cooked Egg, Ham and Sausage Breakfast Scramble

Featuring Liquid Egg, Egg Crumbles, Ham, Sausage Crumbles

INGREDIENTS: Scrambled eggs (whole eggs, skim milk, soybean oil, modified food starch, salt, xanthan gum, liquid pepper extract, citric acid, artificial butter flavor [soybean oil, butter, lipolyzed butter fat, flavors and artificial flavors]), egg product (whole eggs, citric acid), Colby-Pepper Jack Cheese (pasteurized milk, hot peppers [jalapeno peppers, habanero peppers], cheese culture, salt, enzymes, annatto [vegetable color]), smoked uncured ham (pork, water, vinegar, contains less than 2% salt, natural cane sugar, celery powder, cherry powder, sea salt, natural smoke flavoring), sausage crumbles (pork, water, salt, spices, sugar), contains less than 2% of salt, onion powder, garlic powder, black pepper

Cargill ingredients are in **bold**.

ALLERGEN STATEMENT: Contains: dairy (milk), egg

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