

Vision Insurance from VSP

- Visit any provider you choose and save money when you use a VSP network provider.
- Coverage for eye exams, frames, lenses and contact lenses.
- For details about the plan, visit [MyBenefits](#) or [cargill.vspforme.com](#) or call **1-800-877-7195**.

Vision Service	Coverage
Eye exams	Every year with a \$20 copay
Frames	Every two years (\$170 maximum allowance)
Lenses (contact VSP for coating details)	Every year
Contact lenses	Every year in lieu of glasses (lenses and frames; \$150 maximum allowance)