Alcohol flavor trends: what’s on tap?
Alcohol is undergoing massive transformations in form, function and flavors, largely driven by the popularity of the craft movement, which continues to spill into all corners of the market. The good news is that consumers are all-in on the creative flavor explosion – within reason, of course. Dill-flavored vodka might not make the cut.

This renaissance is touching the alcohol industry in the form of new beer-fruit infusions, spiked seltzer, dry ciders and mixed spirits, with the top three flavor categories including fruit, brown flavors and spices/seeds.

There is one group in particular that is driving many of the trends in today's modern alcohol market – millennials. These consumers are demanding more information about where the ingredients in their craft drinks come from and how they align with their health and wellness aspirations. But most of all, they are seeking and supporting innovation wherever they find it.

What are millennials drinking and why?

Breakthru Beverage Group, a leading North American wholesaler, considers millennials the most influential – and prolific – buyers of alcohol. So what are they drinking? Surprisingly, many are choosing spirits (41%), and of course, beer (39%) and wine (20%).

To millennials, spirits are perceived to be low in calories, which is a perfect choice for this crowd, since health and wellness is cited as an important purchase driver. In fact, the company’s trend report says 60% of millennials often opt for a lower-calorie drink.

Two sweeteners that feature prominently in some of the lower-calorie offerings include stevia and erythritol. Stevia comes from a South American plant that is almost 300 times sweeter than sugar and adds a lot of sweetness, but zero calories. The sweet linger associated with stevia also helps to cover the “burn” commonly associated with some types of alcohol. Stevia also has a positive consumer perception and is extremely heat-, photo- and pH-stable.

Erythritol is also being used in alcoholic beverages. It’s similar to its cousins xylitol and sorbitol, but with zero calories and the highest digestive tolerance of all sugar alcohols.

Consumers not only want low calories, but low alcohol content, too. In their quest for balance and health, millennials and Gen Z’ers are reaching for no- and low-alcohol (NOLO) options that provide the experience of imbibing but without the possible negative effects.

DECIPHERING THE RISE OF LOW AND NON-ALCOHOLIC ADULT BEVERAGES

<table>
<thead>
<tr>
<th>Reason</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Desire to lead a healthier life</td>
<td>100%</td>
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<tr>
<td>Changing attitudes of millennial and Generation Z consumers towards alcohol</td>
<td>80%</td>
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<tr>
<td>Want to avoid long-term health risks of drinking alcohol</td>
<td>60%</td>
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<tr>
<td>Desire to drink without impairment</td>
<td>40%</td>
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<td>Social media influencers/bloggers</td>
<td>20%</td>
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<tr>
<td>Desire to save money</td>
<td>0%</td>
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<tr>
<td>Pressure from friends and family</td>
<td>0%</td>
</tr>
<tr>
<td>Other</td>
<td>0%</td>
</tr>
<tr>
<td>None of the above</td>
<td>0%</td>
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Source: Euromonitor, Innovation and Disruption in Alcoholic Drinks, 2018.
As recently pointed out in *Spirits Business* Magazine, “What was once a trend confined to campaigns such as Dry January and Go Sober for October has evolved into a lasting lifestyle choice – particularly among the millennial and Generation Z demographics. Brands globally have responded to this shift and created a vast assortment of lower-alcohol offerings, such as Absolut Juice, as well as non-alcoholic ‘spirits,’ such as Seedlip and Ceder’s.”

**Crafting a flavorful experience**

The Brewers Association reports that a whopping 85% of Americans now live within 10 miles of a brewery. And according to Nielsen, 15% of all U.S. consumers of legal drinking age have visited a brewpub or taproom in the last three months, with 42% saying they’ve visited more than they did a year ago.

“Across the board, many of these new, non-traditional food and drink establishments are appealing to the adventurer in all of us,” Nielsen says, “as they offer an experience rather than just a set of bar stools and array of tables.”

**The U.S. has been the hub for the craft beer movement, and currently has more than 6,000 breweries**

In addition to being made in small breweries, craft brews distinguish themselves with unique flavors such as ginger, sour, extra hoppy, malty, banana, blood orange and vanilla.

**No longer an out “cider”**

The global cider market was valued at more than $10 billion in 2016, and is projected to reach $16 billion by 2023, growing around 6% from 2017 to 2023. For millennials – and anyone in the alcoholic beverage industry paying attention – hard cider is a niche market worth watching.

Cider not only caters to shoppers looking for gluten-free beer options, but the innovation in offerings and flavors signals an evolving palette. Once dominated by apple-centric products, ciders are infusing interesting ingredients like ginger, maple syrup and mint. Perry, cider made from pears, is its own category these days.

Smart manufacturers should consider marketing artisanal-made cider to craft beer enthusiasts and to shoppers looking for gluten-free beer options.

Cider has remained popular in Europe, which was responsible for half of its sales in 2016. Currently, however, it’s the U.S. that is projected to experience the highest growth of cider sales.

According *Cider Craft* Magazine, in 2018 consumers ages 23 to 40 and their parents (ages 53 to 71) drank more cider than other age demographics, a trend the magazine claims unites the generations. “This is a great excuse to party with your parents or kids,” it said.

**Mixed feelings for trendy spirits & hybrids**

Spirits have been going through a period of experimentation, but it appears the days of funky flavors, such as chocolate jalapeño tequila, toasted marshmallow vodka and other off-the-wall attempts to light a brand on fire, have mostly receded, according to trade publication *Beverage Dynamics*.

“Producers are these days more likely to focus on matching flavors with spirits in a way that connects logically or emotionally with consumers, rather than straining for novel and even wacky combinations,” the industry insider says.

On the other hand, cocktail enthusiasts and young consumers who share an appetite for creativity and adventure continue to drive a burgeoning hybrid alcohol market. From wine infused with cold-brew coffee, to gin and whisky infused with tea, the lines are blurring on grocery and alcohol shelves. Here, the same rules of transparency and artisanship apply to these inventive twists on time-honored formulas.
Although several categories are bound by strict rules and regulations, such as scotch, cognac and tequila, this has not hindered cask experimentation, hybrid crossovers, implementing unusual base ingredients and incorporating all sorts of weird and wacky botanicals into recipes.14

Ready, set, go!

Ready-to-Drink (RTD) alcohol, premixed or crafted and ready to be consumed in bottles, cans and even single-serve boxes, will be the next alcoholic beverage category to go craft and premium, experts predict. Indeed, it is already happening with spiked, flavored seltzer waters, espresso and passion-fruit-flavored martinis, raspberry vodka lemonade and updated wine spritzers. The market is predicted to experience 3% growth between 2018 and 2026.15

A current frontrunner in this market is hard seltzer, which had a stellar 2018. Nielsen reports that hard seltzer dollar sales grew about 169% last year to nearly $487 million, while beer sales were mostly flat.16

“Flavored malt beverages, driven by the explosive growth of hard seltzer sales, are one of the fastest-growing segments within beer and are helping to offset some of the market share lost to wine and spirits in recent years,” a Chicago Tribune article recently pointed out. “Time will tell whether the boozy bubbly waters – led by brands like White Claw, Truly Spiked & Sparkling and SpikedSeltzer – continue to rise or fall flat.”17

Today’s update to yesterday’s artificially colored, sugar-laden RTD offerings answers a wide swath of consumers’ needs, according to industry expert Beverage Dynamics. Shoppers across every demographic are embracing quick to-go options, while millennials in particular are looking for innovation in the form of quality and unique ingredients... and craft RTD beverages can deliver on this.18

References
7 Ibid, Nielsen.
10 Ibid, Allied Market Research.