# A SWEET CHALLENGE: SUGAR-REDUCTION TRENDS





### SUGAR: TOP CONCERN FOR CONSUMERS AND INDUSTRY



Growth of food & beverage launches featuring sugar-related claims\* (Global, 2018 vs. 2017)

\*Sugar-related claims include no added sugar, sugar free and low sugar claims.



2 in 3 U.S. consumers are influenced by nutritional information on sugar when purchasing food & beverage.

Source: Innova Market Insights Trends Survey, 2018

While flavor, cost and indulgence are leading drivers of choice, sugar reduction, propelled by public health concerns and regulatory mandates, will remain on top of the reformulation agenda for some years to come.

#### SUGAR-RELATED CLAIMS TRAVERSE CATEGORIES

Leading market categories for sugar-related claims

(Global, market penetration 2018)

| SOFT DRINKS      | 19% |  |
|------------------|-----|--|
| BABIES/TODDLERS  | 14% |  |
| SPORTS NUTRITION | 12% |  |
| CONFECTIONERY    | 10% |  |
|                  |     |  |

(Global, CAGR 2014-2018)

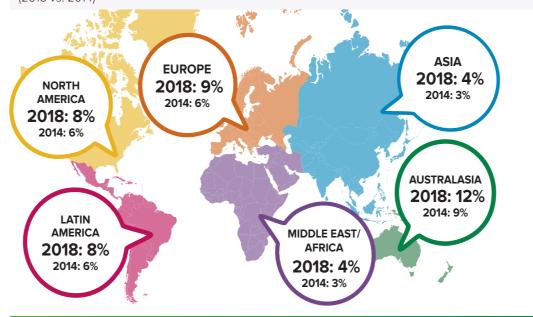


## Fastest-growing leading market categories for sugar-related claims



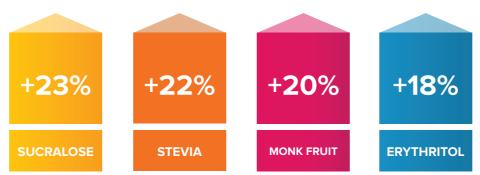
# AUSTRALASIA LEADS IN SUGAR-RELATED CLAIMS

No-added-sugar, sugar-free and low-sugar claims as % of food & beverage launches by region (2018 vs. 2014)



#### **DIVERSE SUGAR SUBSTITUTES GAIN GROUND**

Fastest-growing sweeteners applied in food & beverage with sugarrelated claims (Global, CAGR 2014-2018)



is trending.

The use of the word "leaf"

### **5 KEY SUGAR-REDUCTION TRENDS TO WATCH**

### **MEETING EXPECTATIONS**

As reducing sugar intake is a top priority for consumers, delivering the same sweetness and texture experience in formulations that contain less sugar and fewer calories remains a key trend.

### A SWEETER BALANCE

An alternative market exists for consumers who are not looking for overly sweet products in the first place. Success with these consumers can include delivering a sensory experience with surprising taste blends.

### "CLEAN LABEL" MATTERS

Consumers are becoming ever more inquisitive, looking for clean, transparent food labels. Reformulation using simple and familiar ingredients, rather than artificial sugar alternatives, is on-trend.

#### PLANT-BASED SOLUTIONS

Plant-based growth has been a key theme for several years, but the extent to which it grew into the mainstream, with both vegetarian and vegan options, became incredibly clear throughout 2018.

#### **LOW-CALORIE OPTIONS**

More and more consumers will demand low-calorie sweeteners as the world seeks more health-driven food options. "Low-calorie" is one of the top claims featured on food and beverages tracked with stevia (Global, 2018).

#### STEVIA APPLICATIONS IN FOOD AND BEVERAGE

8%

**DAIRY** 

Growth of food & beverage launches containing stevia (Global, 2018 vs. 2017)

Fastest-growing subcategories\* for food & beverage launches containing stevia (Global, CAGR 2014-2018)



DAIRY

DRINKS





FRUIT SPREADS



+38% FROZEN YOGURT

Growth of food & beverage launches with "stevia leaf" in the product name. description, claim and ingredients (Global, 2018 vs. 2017)

#### CARGILL SOLUTION SPOTLIGHT

As a global innovator in sugar reduction solutions, Cargill is uniquely positioned to help you achieve your goals.

- Full portfolio of ingredients for reducing sugar and enhancing sensory enjoyment, including EverSweet™ stevia sweetener, ViaTech<sup>™</sup> stevia leaf extract, Zerose<sup>®</sup> erythritol and Oliggo-Fiber<sup>®</sup> chicory root fiber.
- Leadership in technical applications to support new product development and reformulation.

Partner with Cargill to benefit from proven application expertise and a reliable global supply chain.

Learn more at www.Cargill.com/sugarreduction



\*Subcategories with <50 new product launches in 2018 are excluded.