



# Soluble Corn Fiber

## A kernel of inspiration for fiber fortification & sugar reduction.

-  **LABEL-FRIENDLY**
-  **PLANT-BASED**
-  **SUGAR REDUCTION**
-  **GLUTEN-FREE**
-  **NON-GMO\***

With growing awareness around its role in general health and well-being, fiber is one of the top five nutrients Americans are seeking to consume more of.<sup>1</sup> Yet most still fall short of the recommended levels. *Although the U.S. Dietary Guidelines recommend consuming 28g of fiber daily, the average intake is just 16g.<sup>2</sup>*

**Soluble corn fiber is a formulation-friendly solution for dietary fiber and sugar reduction in a wide range of foods and beverages.**

- **Enables “high in fiber” claims**, with a minimum 80% fiber content (dry basis)
- **Supports sugar reduction** as a label-friendly bulking agent with half the calories of sugar
- **Highly soluble**, with minimal impact on color or texture, providing great performance and mouthfeel

**Clean up your label with soluble corn fiber.**

With familiar, plant-based origins and beneficial fiber nutrition, soluble corn fiber provides opportunities to improve your product nutrient profiles. It's also a useful bulking agent for sugar reduction, with great-tasting results and a minimum of 30% reduced sugar. (Ask your sales representative about Cargill soluble corn fiber product prototypes.)



**CARGILL PRODUCT**

	Properties	Functional Benefits
<b>Soluble Corn Fiber</b>	<ul style="list-style-type: none"> <li>• Minimum 80% dietary fiber</li> <li>• 2 kcal/g (half the calories of sugar)</li> <li>• Label-friendly bulking agent</li> <li>• Neutral taste &amp; color</li> <li>• High solubility</li> <li>• Gluten-free</li> <li>• Greater digestive tolerance than inulin</li> <li>• Available in liquid &amp; powdered form</li> </ul>	<ul style="list-style-type: none"> <li>• Enables “high in fiber” claim</li> <li>• Displaces caloric carbohydrates, replaces bulk</li> <li>• Supports reduced-sugar formulation without impacting taste or texture</li> </ul>

**APPLICATIONS**



Bakery



Beverages



Cereals



Confectionery



Dairy



Fruit Preps



Pet Food

**Partner with Cargill for label-friendly solutions.**

To learn more, contact us at 1-800-932-0544, [customerservice@cargill.com](mailto:customerservice@cargill.com) or visit [cargill.com](http://cargill.com).

**Claims:** The labeling, substantiation and decision making of all claims for your products is your responsibility. We recommend you consult regulatory and legal advisors familiar with all applicable laws, rules and regulations prior to making labeling and claims decisions.

\* There is no single definition of “non-GMO” in the USA. Contact Cargill for source and processing information.

<sup>1</sup> IFIC 2022 Food and Health Survey.

<sup>2</sup> U.S. Dietary Guidelines for Americans (DGA), 2020–2025.